

## Nanaimo Forklift Training Program

Nanaimo Forklift Training Program - The lift truck is a common powered industrial vehicle that is in wide use nowadays. They are occasionally referred to as jitneys, hi los or lift trucks. A departments store will utilize the forklift to be able to unload and load products, while warehouses would make use of them to be able to stack materials and products. And grocery stores use small models to drop supplies in the aisles. Whether transporting lumber at a sawmill or loading material at a construction site, operators of forklifts should be properly trained and licensed. The main concern should be on the safety of the worker and pedestrian. This lift truck training program teaches the safety and health regulations governing forklifts to be able to ensure their safe and efficient use.

### Forklift Training Program Safety Guidelines:

Correct training guarantees that forklift operators could maintain control of the lift truck in tilting, traveling and lifting. Just qualified operators should drive a forklift.

When the forklift is in use; arms, hands, head, legs and feet should be kept inside the forklift. Lift truck forks must be kept low to the ground while being slightly tilted back. Observe posted traffic signs. Honk the horn and lessen speed if taking a corner. If the driver's vision is blocked by the load, slowly drive in reverse. Pre-inspect the ground for possible hazards, such as wet or oily spots, objects, rough patches, holes, people and vehicles. Prevent stopping suddenly.

If pedestrians pass across the vehicle or moves into a blind spot, the forklift should be stopped, the load lowered, waiting until the way is clear. If a load is being transported on an incline, the forks must be pointed uphill with a load and downhill without a load. The forklift must only be turned around if on level ground.

Safety guidelines when steering - If traveling at good speeds, never turn the steering wheel sharply. Support the load with the front wheels and turn utilizing the back wheels. An overloaded truck will be difficult to steer. Follow load limits. Never add a counterweight as a way to improve steering.

Safety guidelines while loading - Adhere to the suggested load and capacity restrictions of the lift truck. This information is displayed on the data plate. Always make certain that the load is positioned according to the recommended load centre. The forklift would remain stable so long as the load is kept close to the front wheels.

Before inserting the forks into the pallet, the forklift mast must be in an upright position. Level the forks prior to inserting them.